

# Garlic Goodness

## Nutrition Facts Valeur nutritive

Per 1 tsp (3 g) / 1 c. à thé (3 g)

<b>Amount</b>	<b>% Daily Value</b>
<b>Teneur</b>	<b>% valeur quotidienne</b>

**Calories / Calories** 10

**Fat / Lipides** 0.1 g **0 %**

Saturated / saturés 0.0 g **0 %**  
+ Trans / trans 0.0 g

**Cholesterol / Cholestérol** 0 mg

**Sodium / Sodium** 2 mg **0 %**

**Carbohydrate / Glucides** 2 g **1 %**

Fibre / Fibres 0 g **0 %**

Sugars / Sucres 0 g

**Protein / Protéines** 0 g

Vitamin A / Vitamine A 0 %

Vitamin C / Vitamine C 0 %

Calcium / Calcium 0 %

Iron / Fer 2 %

INGREDIENTS: SPICES, GARLIC, CITRIC ACID, ONION, TOMATO, DEXTROSE, MUSTARD, CELERY, HERB